



ECO-PSYCHOLOGY



SUSTAINABILITY



EARTHEARTS



Egoes: Individuation: Connecting With 1
Paperback - January 14, 2020
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New all-terrain paperback
Egoes
\$24.95 (hardcover) \$19.95 (paperback)
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At this second time in the Heartwood Path series, you will be
offering your own insights to the world. This is a time when
individual selfhood is in focus. This will mean that you are
expected to be a leader and a role model. To the
development of other people's lives and their own paths
and the following subjects: How can we help others?

ANNOUNCEMENTS



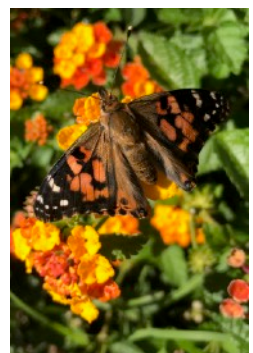
Heartwood Path Newsletter



ECO-PSYCHOLOGY

Take A Peak At The Topic of the Heartwood Path Online Course For College Credit, And Get To Know Its Instructor (Part Two)

You can now head down the Heartwood Path while also earning college credit. The online course, offered through Project NatureConnect and the University of the Pacific, promises to bring to you big insights and access to an instructor with an extraordinary



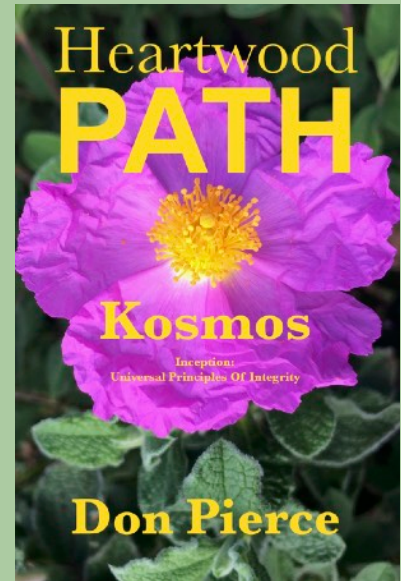
background, partly revealed here. Part two of the following mock-interview with Don Pierce demonstrates why you may want to enroll in the Heartwood Path course “Psychological Aspects of Social Activism.” It is easy to do. Simply call Dr. Michael Cohen at (360) 378-6313.

How can you/we be sure that Planet Earth is our Other Body?

After years of swamp immersion, and loving doing it, I slowly began to blur the distinction between my individual self and my more-than-individual swamp/woods/earth other body. This uncommon sense of unity led to compassion for other natural beings that was so strong it felt like any sacrificing of wild beings was also a sacrifice of my self. Often, in wondering how this sense of oneness could more easily be illustrated to other humans, who probably would not be willing to take day-long dips in murky waters, I came across an easier unity consciousness methodology: simply ask people, if they believe that they are separate from nature. Ask people to compare how good it feels to take in nature’s air and let out your own air, especially when compared to the feelings of discomfort and panic when they hold their breath and keep themselves from absorbing into themselves another gulp of rarified nature in the form of air.

What is the point source of contemporary society's environmentally and socially destructive ways?

After hours of watching the news, especially on television screens that lull a person to “think” that in doing so they are using their sense of reason and their consciousness



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and to forget that feelings and experiences, especially those outdoors, are a good way to counteract the news, fake or not, or the storylines in books, trashy or great. By watching comedies on the television, even classics like the Three Stooges, or by reading books, even classics such as Mark Twain's Huckleberry Finn, the requisite use of reason and consciousness is so alluring (and inaccurate) the indoor learners often fail to use the other natural senses, and so fail in receiving the health, guidance, and truthful information that only wild nature can deliver. Without the perspectives that develop by using all 54 senses outdoors, it is hard to imagine that properly trained leaders in conservation will emerge with the clarity and perseverance it will take to save our beleaguered planet.

How do we know if Nature and Earth are intelligent?

The natural fellows I have encountered—whether in swamps, or along high trails, or on beaches—find and support attractiveness itself. When comparing this allure and reinforcement of attractiveness to humanity's common disregard of attractiveness—due to our excessive attention to nature-disconnected story lines, our greed, and our hatred of others—it becomes easy to identify and determine that nature itself is intelligent, if only in the way it uses attractiveness to undergird all of its processes and interactions.

What produces the wanting void in our psyche, the discomfort, greed, and loneliness that fuels most human and environmental disorders?

I have noticed that often when people complain of discomfort, they may not realize it but what they are really experiencing is a disconnection from fulfillments in nature. This disconnection is also why people often attempt to use unhealthy replacements that fuel their greed or why they attempt to overcome their loneliness with unnatural replacements. Maybe it's not the beer, or the drugs, or the unsatisfying relationships that one really needs. More often than not, such choices are merely a poor way to overcome feelings of lack of fulfillment found in nature.

Why do we deny that we are addicted to stories, technologies and relationships that separate us from nature's balanced ways and restorative powers?

We don't like to admit that we are making poor choices and we do not like to display our stupidity because doing so produces shame.



SUSTAINABILITY

An Alert From Friends Of The Earth: Help Save Our Oceans

“Tell the Trump Administration to protect our oceans and coastal communities!”

Trump's Department of Interior is considering a royalty relief package that would make it cheaper to drill in our public waters. This puts marine life at risk. And threatens coastal communities that rely on tourism -- communities already facing economic downturns from coronavirus.

We can't let the DOI sneak through more giveaways to Big Oil that harm our planet while the country's attention is on a public health crisis.

Say no to royalty relief for Big Oil: Tell the Department of Interior to put people and our planet first!”

<https://action.foe.org/page/17936/action/1?ea.tracking.id=Email&ea.url.id=427228>



EARTHEARTS

Her Father

Don Pierce, recovering from a near-fatal auto accident, is adding more to the fourth book/course, still under construction. Topics will include eco-ethics and valued traits for eartHearts—those who have traversed the Heartwood Path and are working to protect the planet by working on themselves and by helping fellow environmentalists do the same.

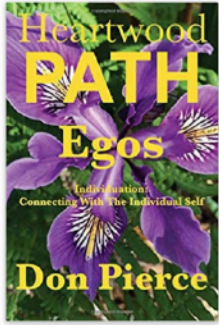
His Daughter

Courtney Pierce, back from a trip to Norway, is preparing the printed versions of the Heartwood Path. The first in the series is ready to go. See announcement below.

ANNOUNCEMENTS

Egos, Second Book In Heartwood Path Series, Is Ready For Sale, In Printed Version!

Available now from Amazon Books, the second Heartwood Path Book, Egos, now comes in a printed version with a fresh new cover. 12 pt. font. 629 pages. Book Format: 6x 9 inches.



Heartwood PATH Egos
Individuation: Connecting With The Individual Self
Don Pierce

See all 2 images

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Egos: Individuation: Connecting With The Individual Self (Heartwood Path)
Paperback – January 14, 2020
by Don Pierce (Author)

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In this second book in the Heartwood Path series, you will learn how to anchor your individuality and retain your own unique gifts to the world. This is a book about how a well developed sense of the individual self leads one to flourish. You will learn what you can do on your own to increase your happiness in a beautiful and sustainable environment. To this end, equal attention will be given to the development of inner world intentions and outer world behaviors. Included in our topic of the Individual Self are the following subjects: -how one's self concept shapes the world-how our impressions evoke the order we find in the world-how careful awareness and nurturing calmness are the pillars of compassion-the psychological causes of environmental destruction-the importance and use of inner world guides-attending to your 54 natural senses-giving out to the world what you seek to attract -employing creativity-producing behaviors-the behaviors that indicate your spiritual development-receiving guidance from your dreams about your individual self Allusive happiness and environmental problems can both be corrected by doing the activities in this course—all aimed at securing the cherished aspects of your own individual self. In this way, Egos will help you truly become the change you seek for the world. Egos includes 98 learning stations, each with an outdoor activity.

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