



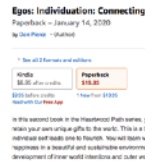
ECO-PSYCHOLOGY



SUSTAINABILITY



EARTHEARTS



ANNOUNCEMENTS



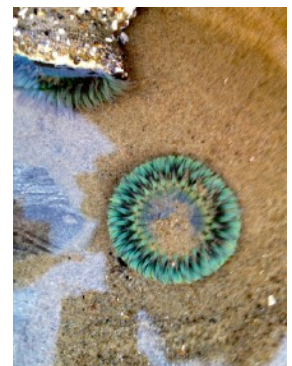
Heartwood Path Newsletter



ECO-PSYCHOLOGY

Take A Peak At The Topic of the Heartwood Path Online Course For College Credit, And Get To Know Its Instructor (Part Three)

You can now head down the Heartwood Path while also earning college credit. The online course, offered through Project NatureConnect and the University of the Pacific, promises to bring to you big insights and access to an instructor with an



extraordinary background, partly revealed here. Part two of the following mock-interview with Don Pierce demonstrates why you may want to enroll in the Heartwood Path course “Psychological Aspects of Social Activism.” It is easy to do. Simply call Dr. Michael Cohen at (360) 378-6313.

If we learn to be who we are, what factor in modern education teaches us to produce today's unsolvable problems?

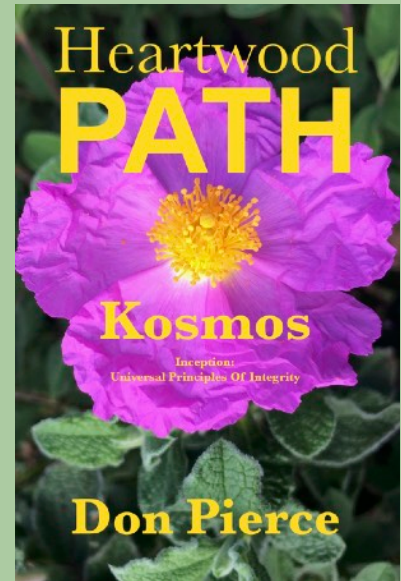
We do our part in producing difficult-to-solve global problems by thinking and actively responding to the plethora of nature-disconnected stories found in modern society. We gain healing, information, and guidance when we begin to counter what we are learning in the nature-disconnected stories by what we experience with all of our 54 natural senses outdoors in nature.

To be part of a system, you have to be in communication with it in some way. We are part of the global life system and vice versa; how does it communicate with us and we with it?

Certain senses and sensations are common among all natural beings. To communicate with the global life system we have to do the same thing it does to communicate with us: use the 54 natural senses.

What is attractive about fear, stress, or pain?

Without fear, stress and pain, we do not grow or make needed changes. The Good gets in the way of the Great. To transcend to greater heights in your life, follow evermore natural supports and outdoor attractions.



[Click here to purchase the printed version of the first book in the Heartwood Path series:](#)

Kosmos

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Where does death exist in nature?

Wherever you see unattractive transformations, unappealing transitions, or the unlovely recycling of life.

Does nature have a direction or purpose?

Often, in my first days immersed in swamp water, I would think narrowly and come to the conclusion that the purpose of my aquatic hideaway was to give to myself a sense of wonder, security, and peace. But, as I remained there longer and broadened my thinking, I gradually saw others there not as resources or natural objects but as fellows. I observed that my natural acquaintances each had distinct personalities. Even rocks, mud, water, and plants became people to me. They had rich inner lives. And they had purposes of their own. Broadly speaking, from my perspective, they changed from separate objects to fellow subjects. As this transformation became complete, I was able to conclude that, beyond what the swamp was doing for me alone, was a swamp-wide purpose. The whole ecosystem, a community of fellows, worked together to support life, all life, and its web of relationships.



What are five steps to letting nature help you reduce destructive attachments?

1. Find your strongest attraction in a natural area;
2. get consent to visit it, which comes as its continued attractiveness, then thank it;
3. discover what other attractions or stories come into your consciousness;
4. validate these beings and your impressions of them, which includes the good feelings shared amongst all involved; and
5. sleep on the experience, while remembering to make journal entries daily.

Do we deserve to have good feelings? Why?

The good feelings we experience in natural areas are rewards that signal that we are in a mutually beneficial relationship with fellow beings nearby.

Why do we continue to assault nature and people when it doesn't make sense and we don't like doing it or its effects?

We are unwittingly seeking false replacements for the loss of webstring contacts that have occurred to us because of our indoor and story-driven lifestyles. Without the real thing, we are left with unworthy substitutes (unhealthy and unwise stand-ins for nature's fulfillments) many of which we imbibe (drugs, alcohol, excessive shopping) but do not like.

Can one be sane if they are a good citizen of an insane society?

One becomes sane in an insane society when one helps that society make webstring contact with nature and, thereby, become more sane. This reciprocity explains why it is important for those seek personal growth and happiness to also work on environmental sustainability.

What is consciousness and who invented it?

Consciousness is the state of being aware. Its "inventors are any one of the 54 natural attraction senses that displays experiences and stories on its screen of awareness and has enough energy to pay attention to its impressions.



SUSTAINABILITY

An Alert From Friends Of The Earth: Reject Dirty Energy

“Don’t let Congress put Big Polluters over people and our planet!”

Representative Frank Pallone released a bill that includes protections for Big Polluter interests while concentrating pollution in our most vulnerable communities.

The good news: We still have time to block this bill. But it will take a groundswell of pressure on every legislator in the House.

Tell your legislator to reject Frank Pallone’s Dirty Energy Plan!”

<https://action.foe.org/page/17675/action/1?ea.tracking.id=Email&ea.url.id=417026>

EARTHEARTS

Her Father

Don Pierce, recently hospitalized for broken bones in an auto accident and also hospitalized for sepsis, is putting the final touches on "Volitos," the fifth course in the Heartwood Path series. The general topic is putting the individual will into effect.

His Daughter

Courtney Pierce is responding to orders for Heartwood Path courses and publishing this newsletter.



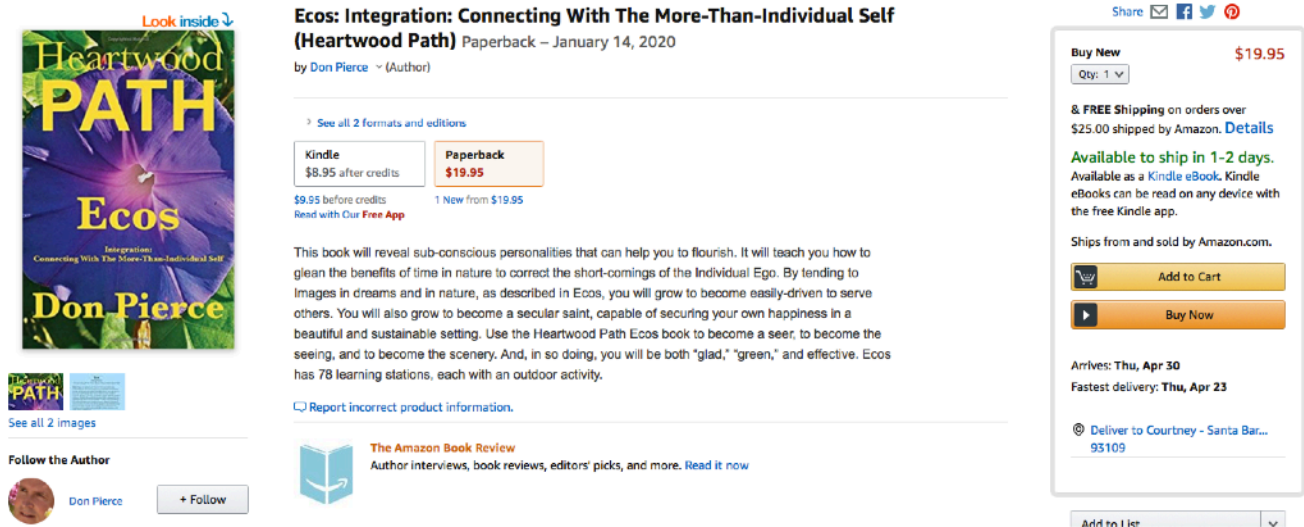
ANNOUNCEMENTS

Ecos, Third Book In Heartwood Path Series, Is Ready For Sale, In Printed Version!

Available now from Amazon Books, the third Heartwood Path Book, Ecos, now comes in a printed version with a fresh new cover. 583 pages. Book Format: 6x 9 inches.

Order it at:

https://www.amazon.com/Ecos-Integration-Connecting-More-Than-Individual-Heartwood/dp/1658809130/ref=sr_1_1?keywords=ecos+heartwood+path&qid=1585700379&sr=8-1



Ecos: Integration: Connecting With The More-Than-Individual Self (Heartwood Path) Paperback – January 14, 2020
by Don Pierce (Author)

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This book will reveal sub-conscious personalities that can help you to flourish. It will teach you how to glean the benefits of time in nature to correct the short-comings of the Individual Ego. By tending to Images in dreams and in nature, as described in Ecos, you will grow to become easily-driven to serve others. You will also grow to become a secular saint, capable of securing your own happiness in a beautiful and sustainable setting. Use the Heartwood Path Ecos book to become a seer, to become the seeing, and to become the scenery. And, in so doing, you will be both "glad," "green," and effective. Ecos has 78 learning stations, each with an outdoor activity.

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